SWISS CHEESE

OBJECTIVE

Swiss Cheese Model: What it is and how it is applied.

Swiss Cheese: The actual swiss cheese. How and why it is so healthy for you.

EXAMPLES

EATING SWISS CHEESE
Switzerland became the "hub" for making extraordinary cheese. Starting from the Middle ages and taking it very seriously.

GREAT THINGS COME
SWISS CHEESE

THE MODEL

The **Swiss cheese model** is an actual process of addressing accident causation.
This model is used in risk analysis and risk management,

SAFETY: Swiss Cheese Model is used for: aviation safety, engineering, healthcare, emergency services.

LET ME DEMONSTRATE
Look at the holes in Swiss cheese. If you were to slice the cheese, stand it up and make a row of the slices, you would see the wholes don't line up. Barriers are present, by the solid areas of the cheese so that you can't see through an entire row. Like anything else, there are exceptions where the holes happen to line up perfectly. Like a perfect storm. Using this model you can be proactive and learn from things that go wrong.

"Swiss Cheese model i accident causation illustrates that although many layers of defense are between hazards and accidents, there are flaws in each layer, if aligned, can allow the accidents to occur."

Everything You Need to Know About Swiss Cheese—Plus, 6 Types to Try | Food & Wine (foodandwine.com)

Health benefits of Swiss cheese?

- Protein: Just one ounce of Swiss cheese packs a whopping 8 grams of protein.
- Calcium: no secret that cheese is a good source of calcium – and Swiss cheese doesn't disappoint 270mg in each ounce.
- Lower sodium: An ounce of Swiss contains just 54mg of sodium, or 2 percent of your daily value.